

# Contact Senators to Defend Judy Heumann's Legacy on Global Disability Rights!

## Who Do I Contact?

- You only need to communicate with Senators. The Senate votes on issues related to foreign affairs and international relations. The House of Representatives only votes on domestic issues.
- Start with the two Senators for your state! They represent you as a constituent!
- Don't stop there! Did you know that Senators on the Senate Foreign Relations Committee represent *all* Americans in matters concerning foreign relations? They will want to hear your views on foreign relations issues *even if you are not a constituent of their state*.

## How Do I Contact My Two Senators?

- If feasible, phone calls are best. Many politicians count phone calls and voice mail messages more heavily than emails or social media.
- But emails and social media are good also.
- Find a list of all US Senators with their website links at [https://www.senate.gov/general/contact\\_information/senators\\_cfm.cfm](https://www.senate.gov/general/contact_information/senators_cfm.cfm)
  - The web link for your Senator may take you to an online contact form. You may use this form to submit an email.
  - Or, look on their website to find a list of all the Senator's offices in both DC and your home state with more detailed contact information for each office.
  - Their website should also have links to their social media. Your social media messages to them will reach your Senators and also will alert your social media followers to the issue!

## How Do I Contact Members of the Senate Foreign Relations Committee (SFRC)?

- **James E. Risch (R – ID) Chairman**
  - (202) 224-2752
  - Twitter: @SenatorRisch
  - Contact: [www.risch.senate.gov/public/index.cfm?p=Email](http://www.risch.senate.gov/public/index.cfm?p=Email)
- **Marco Rubio (R – FL)**
  - (202) 224-3041
  - Twitter: @SenRubioPress
  - Contact: [www.rubio.senate.gov/public/index.cfm/contact](http://www.rubio.senate.gov/public/index.cfm/contact)
- **Ron Johnson (R – WI)**
  - (202) 224-5323
  - Twitter: SenRonJohnson
  - Contact: [www.ronjohnson.senate.gov/public/index.cfm/email-the-sena...](http://www.ronjohnson.senate.gov/public/index.cfm/email-the-sena...)
- **Jeff Flake (R – AZ)**

- (202) 224-4521
  - Twitter: @SenFlakeStaff
  - Contact: [www.flake.senate.gov/public/index.cfm/contact-jeff](http://www.flake.senate.gov/public/index.cfm/contact-jeff)
- **Cory Gardner (R – CO)**
  - (202) 224-5941
  - Twitter: @SenCoryGardner
  - Contact: [www.gardner.senate.gov/contact-cory/email-cory](http://www.gardner.senate.gov/contact-cory/email-cory)
- **Todd Young (R – IN)**
  - (202) 224-5623
  - Twitter: @SenToddYoung
  - Contact: [www.young.senate.gov/contact](http://www.young.senate.gov/contact)
- **John Barrasso (R – WY)**
  - (202) 224-6441
  - Twitter: @SenJohnBarrasso
  - Contact: [www.barrasso.senate.gov/public/index.cfm/contact-form](http://www.barrasso.senate.gov/public/index.cfm/contact-form)
- **Johnny Isakson (R – GA)**
  - (202) 224-3643
  - Twitter: @SenatorIsakson
  - Contact: [www.isakson.senate.gov/public/index.cfm/email-me](http://www.isakson.senate.gov/public/index.cfm/email-me)
- **Rob Portman (R – OH)**
  - (202) 224-3353
  - Twitter: @SenRobPortman
  - Contact: [www.portman.senate.gov/public/index.cfm/contact?p=contact...](http://www.portman.senate.gov/public/index.cfm/contact?p=contact...)
- **Rand Paul (R - KY)**
  - (202) 224-4343
  - Twitter: @RandPaul
  - Contact: [www.paul.senate.gov/connect/email-rand](http://www.paul.senate.gov/connect/email-rand)
- **Ben Cardin (Ranking Member) (D – MD)**
  - (202) 224-4524
  - Twitter: SenatorCardin
  - Contact: [www.cardin.senate.gov/contact/](http://www.cardin.senate.gov/contact/)
- **Bob Menendez (D – NJ) Ranking Member**
  - (202) 224-4744
  - Twitter: @SenatorMenendez
  - Contact: [www.menendez.senate.gov/contact](http://www.menendez.senate.gov/contact)
- **Jeanne Shaheen (D – NH)**
  - (202) 224-2841
  - Twitter: @SenatorShaheen
  - Contact: [www.shaheen.senate.gov/contact/contact-jeanne](http://www.shaheen.senate.gov/contact/contact-jeanne)
- **Christopher Coons (D – DE)**
  - (202) 224-5042
  - Twitter: @ChrisCoons
  - Contact: [www.coons.senate.gov/contact](http://www.coons.senate.gov/contact)
- **Tom Udall (D – NM)**
  - (202) 224-6621
  - @SenatorTomUdall
  - Contact: [www.tomudall.senate.gov/?p=contact](http://www.tomudall.senate.gov/?p=contact)
- **Chris Murphy (D – CT)**
  - (202) 224-4041
  - Twitter: @SenMurphyOffice

- Contact: [www.murphy.senate.gov/contact](http://www.murphy.senate.gov/contact)
- **Tim Kaine (D – VA)**
  - (202) 224-4024
  - Twitter: @SenKaineOffice
  - Contact: [www.kaine.senate.gov/contact](http://www.kaine.senate.gov/contact)
- **Edward Markey (D – MA)**
  - (202) 224-2742
  - Twitter: @SenMarkey
  - Contact: [www.markey.senate.gov/contact](http://www.markey.senate.gov/contact)
- **Jeff Merkley (D – OR)**
  - (202) 224-3753
  - Twitter: @SenJeffMerkley
  - Contact: [www.merkley.senate.gov/contact/](http://www.merkley.senate.gov/contact/)
- **Cory Booker**
  - (202) 224-3224
  - Twitter: @SenBookerOffice
  - Contact: [www.booker.senate.gov/?p=contact](http://www.booker.senate.gov/?p=contact)

## More Key Twitter Accounts

In addition to tweeting at Senators, you also can send tweets to the US Department of State, to US Secretary of State Rex Tillerson, and to various key media contacts. Ask the Department of State to do better in protecting global disability rights by establishing and strengthening the Office of International Disability Rights. Ask media contacts to pay attention to Secretary of State Rex Tillerson’s attack on global disability rights.

- **US Department of State:** @StateDept
- **US Secretary of State Rex Tillerson:** @Secy\_State\_US
- **Former Honorees of the Senate Foreign Relations Committee**
  - Senator Al Franken (D – MN): @SenFranken
  - US Representative Cathy McMorris Rodgers (R – WA): @CathyMcMorris
- **POLITICO Magazine:** @POLITICOMag
- **Wall Street Journal:** @WSJ
- **New York Times:** @nytimes
- **Washington Post:** @washingtonpost
- **The Economist:** @TheEconomist
- **Foreign Policy:** @ForeignPolicy
- **Foreign Affairs:** @ForeignAffairs
- **The Hill:** @thehill
- **Reuters:** @Reuters
- **The Associated Press:** @AP